

1) Athletics phrases

In the video we heard from athlete Usain Bolt.

Below are some athletics phrases:

a false start:	unsuccessful at starting something
to jump the gun:	to do something quickly without thinking it through
the front runner:	the person most likely to win
hit the ground running:	start something really well

Now complete the sentences with the correct phrase from above. The form of the phrase may need to be changed.

1. Laura really _____ when she started her new job. She is doing really well.
2. Don't _____. You need to think through your decision carefully.
3. My favourite actress is _____ to win an award at this year's Oscars.
4. I made a couple of _____ in my first year of work, but I learned from my mistakes.

2) 'Win' phrases

In the video we heard that Usain Bolt wants to win again at this year's Olympics:

"... but the main aim is to defend my titles and win."

Below are some phrases with 'win':

win someone over:	to change someone's opinion of you and get them to support you
win hands down:	to win very easily and obviously
a winning streak:	a period of success with no losses

Now complete the sentences with the correct phrase from above. The form of the phrase may need to be changed.

1. His personality really _____ the audience _____.
2. My team is on _____ now. They haven't lost for 10 games.
3. In the 2008 Beijing Olympic 100m final, Usain Bolt _____.

Answers

1) Athletics phrases

1. Laura really hit the ground running when she started her new job. She is doing really well.
2. Don't jump the gun. You need to think through your decision carefully.
3. My favourite actress is the front runner to win an award at this year's Oscars.
4. I made a couple of false starts in my first year of work, but I learned from my mistakes.

2) 'Win' phrases

1. His personality really won the audience over.
2. My team is on a winning streak now. They haven't lost for 10 games.
3. In the 2008 Beijing Olympic 100m final, Usain Bolt won hands down.

Script

Presenter

Hi I'm Natalie and welcome to Talking Sport and welcome to the Olympic Stadium!

The London Olympic Games are nearly here and everybody in London is getting ready!

Over the last year we have met many different athletes from all over the world hoping to compete in this year's Olympics.

So in this final episode let's meet a very famous athlete hoping to compete in the stadium behind me.

Let's meet the fastest man in the world and Olympic gold medallist, Usain Bolt.

Listen out for the phrasal verb 'looking forward to'.

Clip

London, it's a buzz all around the world people are really looking forward to it. I'm training hard and that's my focus but the main aim is to defend my titles and win.

Presenter

Listen again for the phrasal verb 'looking forward to'.

Clip

London, it's a buzz all around the world people are really **looking forward to** it. I'm training hard and that's my focus but the main aim is to defend my titles and win.

Presenter

Did you hear the phrasal verb 'looking forward to'?

Looking forward to means to feel very happy and excited about something that is going to happen.

London, it's a buzz all over the world and people are really looking forward to it.

Well, Usain said that people all over the world are really looking forward to the Olympic Games. So let's hear from some people in London. What are they looking forward to the most about this year's Olympics?

Vox pops

I'm looking forward to visiting the Olympic Village and supporting the British athletes.

I'm looking forward to watching the cycling.

I'm looking forward to watching the Olympic shooting competition.

On screen

I'm **looking forward to** visiting the Olympic Village and supporting the British athletes.

I'm **looking forward to** watching the cycling.

I'm **looking forward to** watching the Olympic shooting competition.

Presenter

I'm Natalie and thank you for watching Talking Sport!

Good luck with the rest of your English learning and I hope you enjoy the Olympics!!