

# Talking Sport

**Week 15**

**Emma Deakin.**

**An athlete's team**



**BBC**  
**LEARNING**  
**ENGLISH**

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## 1) Achieve/achievement/achievable

In the video we learnt about the word 'achieved'.

*"You see what he's worked for and what he's achieved..."*

**Achieve** is a verb.

E.g. Getting 100% in my exam is going to be hard to achieve.

**Achievement** is a noun.

E.g. Climbing Mount Everest is a great achievement.

**Achievable** is an adjective.

E.g. The company's targets are achievable.

**Now complete the sentences with the verb, noun or adjective. The form of the word may need to be changed.**

1. Getting an Olympic medal is a great \_\_\_\_\_.
2. I worked really hard today and I feel like I have \_\_\_\_\_ a lot.
3. I think that starting my own business is \_\_\_\_\_.
4. Being able to speak a foreign language is \_\_\_\_\_.

## 2) Part

In the video Emma used the word 'part':

*"...it is very rewarding to be part of that."*

Emma used the phrase 'to be part of' meaning to be involved in.

Here are some more phrases with the word 'part':

for the most part:	usually or mostly
the better part of :	most of
to part company:	to end a relationship
to look the part:	to wear the right clothes for the right occasion

Now complete the sentences with the correct phrase. The form of the phrase may need to be changed.

1. If you are going to get the job you need \_\_\_\_\_ in the job interview.
2. I heard my favourite singer has \_\_\_\_\_ with her record label.
3. \_\_\_\_\_ Kevin was a very good pupil.
4. May cooked a delicious meal, but it took her a long time. She spent \_\_\_\_\_ the day in the kitchen.

## Answers

### 1) Achieve/achievement/achievable

1. Getting an Olympic medal is a great achievement.
2. I worked really hard today and I feel like I have achieved a lot.
3. I think that starting my own business is achievable.
4. Being able to speak a foreign language is achievable.

### 2) Part

1. If you are going to get the job you need to look the part in the job interview.
2. I heard my favourite singer has parted company with her record label.
3. For the most part Kevin was a very good pupil.
4. May cooked a delicious meal, but it took her a long time. She spent the better part of the day in the kitchen.

## Script

Hi I'm Natalie and welcome to Talking Sport.

Today we will be hearing from a sports physiotherapist and learning about the words **achieved** and **rewarding**.

Every athlete has a team supporting them.

Alistair Brownlee is the current World Triathlon champion and today let's hear from Alistair's physiotherapist, Emma Deakin.

Emma helps treat Alistair's muscle injuries.

So how does Emma feel about being part of Alistair's winning team?

Listen for the words **achieved** and **rewarding**.

## Clip

When you see the results and you see what he's worked for and what he's achieved it's very rewarding to be part of that really.

## Presenter

Let's listen again for the words **achieved** and **rewarding**.

## Clip

When you see the results and you see what he's worked for and what he's achieved it's very rewarding to be part of that really.

## Presenter

Emma said the word **achieved**.

**Achieved** means to succeed in doing or finishing something difficult.

...what he's achieved.

Emma said the word **rewarding**.

**Rewarding** means feeling good when you have done something important, helpful or useful.

It is very rewarding to be part of that.

Well we have learnt about the words **achieved** and **rewarding**.

Now let's listen to some people in London using these words.

Vox pops

I'm helping the new students and I am finding it very rewarding.

When I got into university, I really achieved something.

I find helping other people very rewarding.

I climbed Mount Kilimanjaro and I feel like I achieved a lot.

On screen

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When I got into university, I really achieved something.

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Presenter

I'm Natalie and that's all from Talking Sport.

See you next time.